

V I T A

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ACADEMIC TRAINING

Master of Public Health (Epidemiology post-doc), School of Public Health, Columbia University, 1987

Certificate. Cognitive Behavior Therapy. Institute for Behavior Therapy. New York, NY. 1986

Ph.D., The Graduate School and University Center of the City University of New York (Developmental Psychology/Educational Psychology), 1981

M.A., The New School of Social Research (Psychology), 1975

Certification in School Psychology, New York City Board of Education, New York State Dept. of Education. 1981

Certification for New York City Mathematics Teaching License, 1969

B.S., Brooklyn College (Psychology /minor Mathematics). 1969

ACADEMIC POSITIONS

Professor, Dept. of Psychology City College of New York, January 2008 to present.

Professor, Dept. of Biostatistics and Epidemiology, CUNY School of Public Health. Affiliated faculty. 2017 to present

Professor, Dept. of Psychology, Graduate Center of the City University of New York, 2002 to present.

Professor, Dept. of Educational Psychology, Graduate Center of the City University of New York, 1998 to present.

Professor, School of Education, City College of New York, 1994 to 2007.

Associate Professor, School of Education, City College of New York, 1990 to 1993.

Assistant Professor, School of Education, City College of New York, 1985 to 1989.

Lecturer in Clinical Psychology (in Psychiatry), College of Physicians and Surgeons, Columbia University, 1981 to 2010.

OTHER POSITIONS

Research and statistical consulting. Evaluation research.

Lecturer for Examination for Professional Practice in Psychology (EPPP) preparation courses, Academic Review and the Association for Advanced Training in the Social Sciences, 1981-1995.

Research Associate, New York State Psychiatric Institute, NYC, 1981-1983.

Director of Research and Evaluation, Community School District 18, Brooklyn, N.Y., 1980-1981.

Adjunct instructor, Marymount Manhattan College, Psychology Dept., 1978-80.

Adjunct instructor, City College of CUNY, Dept. of Social and Psychological Foundations, School of Education, 1978-80.

Mathematics teacher, New York City Board of Education, 1969-1975.

AREAS OF INSTRUCTIONAL COMPETENCE

Occupational health psychology, epidemiology of mental disorder, research methods, statistics, psychology of youth violence.

PUBLICATIONS

(1) REFEREED ARTICLES AND PAPERS

Schonfeld, I. S., & Bianchi, R. (Under review). Distress in the workplace: Characterizing the relationship of burnout measures to the Occupational Depression Inventory.

Bianchi, R., Verkuilen, J., Schonfeld, I. S., Hakanen, J.J., Jansson-Fröjmark, M., Manzano-García, G., Laurent, E., & Meier, L.L. (in press). Is burnout a depressive condition? A 14-sample transnational and multi-occupational study. *Clinical Psychological Science*.

Bianchi, R., & Schonfeld, I. S. (2020). The Occupational Depression Inventory: A new tool for clinicians and epidemiologists. *Journal of Psychosomatic Research*, 138, 110249. <https://doi.org/10.1016/j.jpsychores.2020.110249>

Verkuilen, J., Bianchi, R., Schonfeld, I. S., & Laurent, E. (in press). Burnout-depression overlap: Exploratory structural equation modeling bifactor analysis and network analysis. *Assessment*. doi:10.1177/1073191120911095

Engelman, J., Milstein, G., Schonfeld, I. S., & Grubbs, J.B. (2020). Leaving a covenantal religion: Orthodox Jewish disaffiliation from an Immigration Psychology Perspective. *Mental Health, Religion & Culture*, 23,153-172. doi:10.1080/13674676.2020.1744547

Bianchi, R., Laurent, E., Schonfeld, I. S., Bietti, L.M., & Mayor, E. (2020). Memory bias toward emotional information in burnout and depression. *Journal of Health Psychology*, 25, 1567-1575. doi:10.1177/1359105318765621

- Bianchi, R., Schonfeld, I. S., & Verkuilen, J. (2020). A five-sample confirmatory factor analytic study of burnout-depression overlap. *Journal of Clinical Psychology, 76*, 801–821. <http://dx.doi.org/10.1002/jclp.22927>
- Schonfeld, I. S., Verkuilen, J. & Bianchi, R. (2019). An exploratory structural equation modeling bi-factor analytic approach to uncovering what burnout, depression, and anxiety scales measure. *Psychological Assessment, 31*, 1073-1079. <http://dx.doi.org/10.1037/pas0000721>
- Schonfeld, I. S., Verkuilen, J., & Bianchi, R. (2019). Inquiry Into the correlation between burnout and depression. *Journal of Occupational Health Psychology, 24*, 6030616. <http://dx.doi.org/10.1037/ocp0000151>
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2019). Burnout: Moving beyond the status quo. *International Journal of Stress Management, 26*, 36-45. doi:10.1037/str0000088
- Schonfeld, I. S. (2018, July 3). When we say 'physician burnout,' we really mean depression. *Medscape Psychiatry*. <https://www.medscape.com/viewarticle/898662>
- Schonfeld, I. S., Bianchi, R., & Palazzi, S. (2018). What is the difference between depression and burnout? An ongoing debate. *Rivista di Psichiatria, 53*, 218-219. doi:10.1708/2954.29699
- Bianchi, R., Laurent, E., Schonfeld, I. S., Verkuilen, J., & Berna, C. (2018). Interpretation bias toward ambiguous information in burnout and depression. *Personality and Individual Differences, 135*, 216-221. doi:10.1016/j.paid.2018.07.028
- Schonfeld, I. S. (2018). *Occupational health psychology*. In D.S. Dunn (Ed.), *Oxford Bibliographies in Psychology*. New York: Oxford University Press. doi:10.1093/OBO/9780199828340-0211
- Bianchi, R., Mayor, E., Schonfeld, I. S., & Laurent, E. (2018). Burnout and depressive symptoms are not primarily linked to perceived organizational problems. *Journal of Psychology, Health & Medicine*. doi:10.1080/13548506.2018.1476725
- Bianchi, R., & Schonfeld, I. S. (2018). Burnout-depression overlap: Nomological network examination and factor-analytic approach. *Scandinavian Journal of Psychology, 59*, 532–539. doi:10.1111/sjop.12460
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2017). On the overlap of vital exhaustion and depression. *European Psychiatry, 44*, 161–163. doi:10.1016/j.eurpsy.2017.04.007
- Bianchi, R., Schonfeld, I. S., Vandell, P., & Laurent, E. (2017). On the depressive nature of the “burnout syndrome”: A clarification. *European Psychiatry, 41*, 109-110. doi:10.1016/j.eurpsy.2016.10.008
- Bianchi, R., Schonfeld, I. S., Mayor, E., & Laurent, E. (2016). Burnout-depression overlap: A study of New Zealand schoolteachers. *New Zealand Journal of Psychology, 45*(3), 4-11.
- Bianchi, R., & Schonfeld, I. S. (2016). Burnout is associated with a depressive cognitive style. *Personality and Individual Differences, 100*, 1-5. doi:10.1016/j.paid.2016.01.008
- Bianchi, R., Verkuilen, J., Brisson, R., Schonfeld, I. S., & Laurent, E. (2016). Burnout and depression: Label-related stigma, help-seeking, and syndrome overlap. *Psychiatry Research, 24*, 591-598. doi:10.1016/j.psychres.2016.08.025

- Schonfeld, I. S., & Bianchi, R. (2016). Burnout and depression: Two entities or one. *Journal of Clinical Psychology, 72*, 22–37. doi:10.1002/jclp.22229
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- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2015). Is it time to consider the "Burnout Syndrome" a distinct illness? *Frontiers in Public Health, 3*158. doi:10.3389/fpubh.2015.00158
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2015). Is burnout separable from depression in cluster analysis? A longitudinal study. *Social Psychiatry and Psychiatric Epidemiology, 50*, 1005-1011. doi:10.1007/s00127-014-0996-8
- Jiji, L.M., Schonfeld, I. S., & Smith, G.A. (2015). Capstone Interdisciplinary Team Project: A requirement for the MS in sustainability degree. *International Journal of Sustainability in Higher Education, 16*,187-199. doi:org/10.1108/IJSHE-02-2013-0015
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2015). Burnout: Absence of binding diagnostic criteria hampers prevalence estimates. *International Journal of Nursing Studies, 52*, 789-790. doi:10.1016/j.ijnurstu.2014.12.008
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2015). Burnout-depression overlap: A review. *Clinical Psychology Review, 36*, 28–41. doi:10.1016/j.cpr.2015.01.004
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- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2014). Is burnout a depressive disorder? A reexamination with special focus on atypical depression. *International Journal of Stress Management, 21*, 307-324. doi:10.1037/a0037906
- Bianchi, R., Truchot, D., Laurent, E., Brisson, R., & Schonfeld, I. S. (2014). Is burnout solely job-related? A critical comment. *Scandinavian Journal of Psychology, 55*, 357-361. doi:10.1111/sjop.12119
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- Brunstein Klomek, A., Kleinman, M., Marrocco, F., Schonfeld, I. S., & Gould, M. S. (2007). Bullying, depression, and suicidality in adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry, 46*, 40-49. doi:10.1097/01.chi.0000242237.84925.18
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- Brunstein-Klomek, A., Marrocco, F., Kleinman, M., Schonfeld, I. S., & Gould, M. (2007). Bullying, depression and suicidality in adolescents. *Journal of the American Academy of Child and Adolescent Psychiatry, 46*, 40-49. doi:10.1097/01.chi.0000242237.84925.18
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- Schonfeld, I. S. (1990). Coping with job-related stress: The case of teachers. *Journal of Occupational Psychology*, *63*, 141-149. doi:10.1111/j.2044-8325.1990.tb00516.x
- Schonfeld, I. S. (1990). Distress in a sample of teachers. *Journal of Psychology*, *123*, 321-338. doi:10.1080/00223980.1990.10543227
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- Schonfeld, I. S. (1989). Psychology and City College. *American Psychologist*, *44*, 1162. doi:10.1037/h0091917
- Schonfeld, I. S., Shaffer, D., O'Connor, P., & Portnoy, S. (1988). Conduct Disorder and cognitive functioning: Testing three causal hypotheses. *Child Development*, *19*, 993-1007. doi:10.1111/j.1467-8624.1988.tb03252.x
- Schonfeld, I. S., Rasmussen, E., Nieto, R., & Sims, C. (1988). Enhancing undergraduate achievement in educational psychology with instructional objectives. *Education*, *109*(2), 165-169.
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- Schonfeld, I. S. (1987). Evaluation issues in a quasi-experiment on teaching thinking skills. *American Psychologist*, *19*, 958-959. doi:org/10.1037/0003-066X.42.10.958

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- Schonfeld, I. S. (1986). The Genevan and Cattell-Horn conceptions of intelligence compared: The early implementation of numerical solution aids. *Developmental Psychology*, 22, 204-212. doi.org/10.1037/0012-1649.22.2.204
- Shafer, S. Q., Stokman, C. J., Shaffer, D., Ng, S. K., O'Connor, P. A., & Schonfeld, I. S. (1986). Ten-year consistency in neurological test performance of children without focal neurological deficit. *Developmental Medicine and Child Neurology*, 28, 417-427. doi:10.1111/j.1469-8749.1986.tb14279.x
- Shaffer, D., Schonfeld, I., O'Connor, P.A., Stokman, C., Trautman, P., Shafer, S., & Ng, S. (1985). Neurological soft signs: Their relationship to psychiatric disorder and intelligence in childhood and adolescence. *Archives of General Psychiatry*, 42, 342-351. doi:10.1001/archpsyc.1985.01790270028003
- (2) CRITICAL COMMENTARY, LETTERS
- Bianchi, R., & Schonfeld, I. S. (in press). A solution for breaking the impasse of burnout measurement. *JAMA Surgery*.
- Schonfeld, I. S., & Bianchi, R. (2021). Psychiatrist burnout. *American Journal of Psychiatry*, 178, 204. doi:10.1176/appi.ajp.2020.20071110.
- Schonfeld, I. S. (2020). Oral history interview with Irvin Schonfeld on 2020 May 7. Brooklyn Covid-19 Stories. *Our Streets, Our Stories*. Brooklyn, NY: Brooklyn Public Library. <https://www.bklynlibrary.org/osos#>
- Laurent, E., Schonfeld, I. S., & Bianchi, R. (2019). Response to "From a polemic paradox to a proper perspective of job burnout and job satisfaction". *Journal of Neurosurgery*, 130(4), 1406.
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2019). The trouble with burnout: An update on burnout-depression overlap. *American Journal of Psychiatry*, 176, 79. doi:10.1176/appi.ajp.2018.18091026
- Laurent, E., Schonfeld, I. S., & Bianchi, R. (2018). "Burned out" at work but satisfied with one's job: Anatomy of a false paradox. *Journal of Neurosurgery*, 129, 1371-1372. doi:10.3171/2018.2.JNS18430
- Laurent, E., Schonfeld, I. S., & Bianchi, R., (2018). Is a meta-analytic approach to burnout's prevalence timely? *Psycho-Oncology*, 27, 1355. doi.org/10.1002/pon.4665
- Laurent, E., Schonfeld, I. S., Bianchi, R., Hawryluck, L., & Brindley, P.G. (2018). On the "bubble" of burnout's prevalence estimates. *Intensive Care Medicine*, 44, 544-545. doi:10.1007/s00134-018-5084-1.
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2018). A neglected problem in burnout research. *Academic Medicine*, 93(4), 518-519.
- Schonfeld, I. S., Laurent, E., & Bianchi, R. (2018). Burnout research: Eyes wide shut. *Critical Care Medicine*, 46, e179–e180. doi:10.1097/CCM.0000000000002795

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- Laurent, E., Bianchi, R., Schonfeld, I. S., & Vandel, P. (2017). Editorial: Depression, burnout, and other mood disorders: Interdisciplinary approaches. *Frontiers in Psychology*, 8. doi:10.3389/fpsyg.2017.00282
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2017). Do burnout researchers go around in circles? *Canadian Medical Association Journal*.
http://www.cmaj.ca/content/189/39/E1236/reply#cmaj_el_733494
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- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2017). Biological research on burnout-depression overlap: Long-standing limitations and on-going reflections. *Neuroscience & Biobehavioral Reviews*, 83, 238-239. doi:10.1016/j.neubiorev.2017.10.019
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2017). Vital exhaustion, burnout, and other avatars of depression. *Psychosomatic Medicine*, 79, 835–836. doi:10.1097/PSY.0000000000000500
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Bianchi, R., Schonfeld, I. S., & Laurent, E. (2016). On the dead end of current research on burnout's prevalence. *Journal of the American College of Surgeons*, 223, 424-425. doi:10.1016/j.jamcollsurg.2016.05.012

Bianchi, R., & Schonfeld, I. S. (2016). Job stress, inflammation, and atherosclerosis: A reflection. *American Journal of Industrial Medicine*, 59, 340-341. doi:10.1002/ajim.22580

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(3) BOOKS

Schonfeld, I. S., & Chang, C.-H. (2017). *Occupational health psychology: Work, stress, and health*. New York: Springer Publishing Company.

Schonfeld, I. S. *Not Quite Paradise: Growing Up in a Brooklyn Housing Project*

Schonfeld, I. S. (2002). *Preparing for the psychology licensing exam: The technical topics* (2nd ed.). New York: Licensing Review.

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Bianchi, E., Schonfeld, I. S., & Laurent, E. (2016). Burnout et dépression, entre normal et pathologique? Histoire d'une différenciation hasardeuse. In E. Laurent & P. Vandel (Eds.), *De l'humeur quotidienne à la dépression sévère: Manuel pluridisciplinaire de la thymie* (pp. 75-93). Louvain-la-Neuve, Belgium: De Boeck.

Schonfeld, I. S., & Mazzola, J.J. (2013). Strengths and limitations of qualitative approaches to research in occupational health psychology. In R. Sinclair, M. Wang, & L. Tetrack (Eds.), *Research*

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- Schonfeld, I. S., & Farrell, E. (2009). Métodos qualitativos e quantitativos na pesquisa sobre stress ocupacional. In A. M. Rossi, J. C. Quick, & P. Perrewé, P.L. (Eds.) *Stress e qualidade de vida no trabalho: O positivo e o negativo* (pp. 202-224). São Paulo: Editora Atlas.
- Schonfeld, I. S., & Farrell, E. (2009). Qualitative and quantitative methods in occupational-stress research. In A.M. Rossi, J. C. Quick, & P. L. Perrewé (Eds.), *Stress and Quality of Working Life: The Positive and the Negative* (pp. 183-204). Charlotte, NC: Information Age Publishing.
- Schonfeld, I. S. (2006). School violence. In E.K. Kelloway, J. Barling, & J.J. Hurrell, Jr. (Eds). *Handbook of workplace violence* (pp. 169-229). Thousand Oaks, CA: Sage Publications. doi:10.4135/9781412976947.n9
- Schonfeld, I. S., Rhee, J. & Xia, F. (1995). Methodological issues in occupational-stress research: Research in one occupational group and its wider applications. In S.L. Sauter & L.R. Murphy (Eds.), *Organizational risk factors for job stress* (pp. 323-339). Washington, DC: American Psychological Association. doi:10.1037/10173-020
- Schonfeld, I. S., & Santiago, E.A. (1994). Working conditions and psychological distress in first-year women teachers: Qualitative findings. In L.C. Blackman (Ed.), *What works? Synthesizing effective biomedical and psychosocial strategies for healthy families in the 21st century* (pp. 114-121). Indianapolis: Indiana University School of Social Work.
- Schonfeld, I. S. (1992). Assessing stress in teachers: Depressive symptoms scales and neutral self-reports of the work environment. In J.C. Quick, L.R. Murphy, and J.J. Hurrell, Jr. (Eds.), *Work and well-being: Assessments and instruments for occupational mental health* (pp. 270-285). Washington, DC: American Psychological Association. doi:10.1037/10116-018
- Schonfeld, I. S. (1991). Burnout in teachers: Is it burnout or is it depression? ERIC Document No. 335329. <http://www.eric.ed.gov/PDFS/ED335329.pdf>
- Schonfeld, I. S. (1991). A longitudinal study of occupational stress in first-year teachers. ERIC Document ED335334.pdf. <http://files.eric.ed.gov/fulltext/ED335334.pdf>
- Shaffer, D., Stokman, C., O'Connor, P.A., Shafer, S., Barmack, J.E., Hess, S., Spalten, D., & Schonfeld, I. S. (1986). Early soft signs and later psychopathology. In L. Erlenmeyer-Kimling (Ed.). *Life-span research on the prediction of psychopathology* (pp. 31-48). Hillsdale, NJ: Erlbaum.
- Shaffer, D., & Schonfeld, I. (1984). Critical note on the usefulness of attention deficit as a clinical syndrome. In L. Bloomingdale (Ed.), *Attention deficit disorder*. (pp. 119-127). New York: Spectrum.
- Schonfeld, I. (1968). Dissent from Brooklyn College. In G.F. Kennan (Ed.), *Democracy and the student left*. Boston: Little Brown.

(5) FOUNDER AND FOUNDING EDITOR

Newsletter of the Society for Occupational Health Psychology, 2006-2010. <https://sohp-online.org/newsletter/>

(6) ARTICLES WRITTEN for the *Newsletter for the Society for Occupational Health Psychology*

Schonfeld, I. S. (2019). A program of research on burnout-depression overlap. *Newsletter of the Society for Occupational Health Psychology, 21*, 14-17.

Schonfeld, I. S. (2017). How the *SOHP Newsletter* got started and got going. *Newsletter of the Society for Occupational Health Psychology, 17*, 8-9.
<https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv17-spring2017.pdf>

Schonfeld, I. S. (2016). Corned beef and karma: A story about my volunteering (reluctantly) to review for a journal. *Newsletter of the Society for Occupational Health Psychology, 16*, 3.
<https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv16-fall2016.pdf>

Schonfeld, I. S. (2010). Editor's farewell. *Newsletter of the Society for Occupational Health Psychology, 9*, 1-2. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv09-october2010.pdf>

Schonfeld, I. S. (2010). The SOHP Newsletter: A history and one or two things I've learned. *Newsletter of the Society for Occupational Health Psychology, 8*, 16-18.
<https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv08-june2010.pdf>

Schonfeld, I. S. (2009). Extra, Extra, Read all about it! *Newsletter of the Society for Occupational Health Psychology, 7*, 3. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv07-october2009.pdf>

Schonfeld, I. S. (2009). Wikipedia, me, and OHP. *Newsletter of the Society for Occupational Health Psychology, 7*, 8-9. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv07-october2009.pdf>

Karanika-Murray, M., Schonfeld, I. S., & Schmitt, L. (2009). Identifying publication outlets in occupational health psychology: An opinion survey. *Newsletter of the Society for Occupational Health Psychology, 7*, 13-16. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv07-october2009.pdf>

Genderson, M. R., Schonfeld, I. S., Kaplan, M. S., & Lyons, M. J. (2009). Suicide associated with military service. *Newsletter of the Society for Occupational Health Psychology, 6*, 5-7.
<https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv06-may2009.pdf>

Schonfeld, I. S., & Houdmont, J. (2008). Across the pond: EA-OHP— SOHP summit meeting. *Newsletter of the Society for Occupational Health Psychology, 3*, 3.
<https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv03-may2008.pdf>

The above was also published in *The Occupational Health Psychologist, 5*(1), 4-5. http://www.ea-ohp.org/downloads/EA-OHP_Newsletter_Vol_5_Issue_1.pdf

Schonfeld, I. S. (2008). Brief note from the editor. *Newsletter of the Society for Occupational Health Psychology, 3*, 1. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletterv03-may2008.pdf>

Schonfeld, I. S. (2008). Brief note from the editor. *Newsletter of the Society for Occupational Health Psychology*, 2, 1. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletter02-january2008.pdf>

Schonfeld, I. S., & Parks, K. (2007). Recruiting new members. *Newsletter of the Society for Occupational Health Psychology*, 1, 7. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletter01-2007.pdf>

Hammer, L., & Schonfeld, I. S. (2007). Historical perspective. The historical development of the Society for Occupational Health Psychology. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletter01-2007.pdf>

Schonfeld, I. S. (2007). Brief note from the editor. *Newsletter of the Society for Occupational Health Psychology*, 1, 1. <https://sohponline.files.wordpress.com/2017/11/sohpnewsletter01-2007.pdf>

(7) PAPERS AND RESEARCH IN PROGRESS

Bianchi, R., Verkuilen, J., & Schonfeld, I. S. A syndrome-based approach to burnout-depression overlap in the context of a 14-sample meta-analysis.

Schonfeld, I. S. Three-year longitudinal study of new women teachers.

Schonfeld, I. S. Impact of daily stressors on mood and morale in teachers.

Roblin, D., & Schonfeld, I. S. Mental health effects of climate-related disasters.

Vrouletis, S., & Schonfeld, I. S. Job stress in Austrian teachers

Schonfeld, I. S., Vrouletis, S., & Verkuilen, J. Bifactor analysis of burnout, depression, and anxiety scales in Austrian teachers.

(8) TECHNICAL REPORTS

Schonfeld, I. S., Bailey, S.-G., Bermejo, G., Clay, W., Fischer, S., Moghadam, K., & Winslow, S. (2019). Evaluation of the Mental Health Counseling Program at City College.

Schonfeld, I. S. (2012). Summative Evaluation of the Capstone Course for the City College School of Engineering's Sustainability Master's Degree Program. [Formative evaluation, 2011].

Schonfeld, I. S., & Reyes, H. (2005). *Evaluation of the Local System Change Program in Elementary Science Education in Region 1, Bronx, NY.*

Schonfeld, I. S. (1996). *Stress in one occupational group: Teachers*. Final Report for NIOSH/CDC Grant No. 01 OH02571-04 - 06.

Schonfeld, I. S. (1992). *Stress in one occupational group: Teachers*. Final Report for NIOSH/CDC Grant No 1R01OH002571-03

Schonfeld, I. S., Diamond, L.K., and Fox, A. (1988). *Student perceptions of their preparation for the National Teachers Examination*. The City College of New York.

Watkins, S., Schonfeld, I. S., Getelles, F. (1987). *The achievements of City College faculty*. For Research and Scholarship Day at the College.

Schonfeld, I. S. (1987). *Printing jobs at home*. CUNYVM Bulletin Board.

(9) FICTION

Schonfeld, I. S. (2016). How do you compare yourself to me?

Schonfeld, I. S. (2015). It is troubling to me that you are an ineffective instructor. In D. Brown (Ed.), *The Artist Catalogue*, 4(4), 82-85.

Schonfeld, I. S. (2014). Harry and Barry. In D. Brown (Ed.), *The Artist Catalogue*, 3(4), 86-88.

(10) MENTORED STUDENT RESEARCH

Université de Franche-Comté Doctoral Student
Renzo Bianchi

University of South Florida Doctoral Student
Joseph J. Mazzola

New York University Doctoral Student
Christy Jared

CUNY Graduate Center Doctoral Students
Gail Swigler
Virtue Sankoh
Venessa Singhroy
Raymond Galinski
Patricia Eckhardt
Ian Hollender
Tara Mastroilli
Seth Sebold
Ruth Green

CCNY Undergraduates* and Master's degree students
Anita Sicignano
Silke Toplak*
Kashaf Khatri*
Peter Luehring-Jones
Lea Corcoran
Karen Keys
Lee Mikyung Yoon
Justin Naylor
Cai Zhu Zhou
Jonathan Chernick

Lamika Young
Elizabeth Santiago*
Nathali Rodriguez*
Joel Engelman*
Violeta Contreras*
Cheryl Sims*
Eric Rasmussen*
Rosemary Nieto*
Elizabeth Spitz*
Ann Bascomb
Elizabeth Spitz*
Gregory Jones
Lisa Bauer
Leslie Seay*
Michael Udoh
Jennifer Marien
Emily Kaplan
Samantha Sampath*
Bill Hillburn
Marcie Berman
Britt Williams
Claire Moore
David Alexander
Amanda Gallo
Jennifer Surrusco
Oscar Gonzalez
Cherith Bailey
Frank Corrado
Senat Solange
Joshua Cohen
Raymond Dundee
Mary Bosch

Bei Rupnarain
Elysabeth Vicioso

Miguel Polanco
Celsey Correa
David Deutsch
Dorina Cheregi
Brenda Garcia
Michael Rosey
Roel Hinojosa
James Armstrong
Joseph Caraccio
William Kavanaugh
Iris Molina*

Melanie Lee
Elizabeth Mclver
Leslie Powell
Rachaline Powell
Raul Socooro
Mehmet Ozturk
Katja Tulodzilaki
Sonia Byrd
Nelida Portella
Shimon Solnica
Caren Birschwood-Taylor
Cheryl McClendon
Jayne Skoff
Serena Berman
Andrew Campbell
Noelia Cespedes
Kathleen Collins
Hargeet Singh
Aaron Cohen

Harris Bell
Kathleen Charleston

Josephine Carter
Cynthia Dickens
Andrew Pasternak
Ashraf Ally

Ivor Neushotz
Najla Sounboula
Scott Philips
Sheila Procope

Ernest Pysker
Najla Al-Hallak

Columbia University, Dept. of Psychiatry Research Fellows

Candace Erickson, M.D.
Paul Trautman, M.D.
Agnes Whitaker, M.D.
Daniel Pine, M.D.
Matthew Perkins, M.D.
Anat Brunstein-Klomek, Ph.D.
Rachel Zuckerbrot, M.D.
Daniel Schechter, M.D.

(11) COURSES CREATED AT CITY COLLEGE

Epidemiology of Mental Disorder (G)
Psychology of Youth Violence (G)
Psychology of Youth Violence (U)
Occupational Health Psychology (G)—I also created this course for the Brooklyn College Psychol. Dept.
Occupational Health Psychology (U)

(12) AWARDS, HONORS

Distinguished Contribution to Occupational Health Psychology Award, Work, Stress, and Health Conference: The Ninth International Conference on Occupational Stress and Health, Orlando, Florida, May 21, 2011.

Fellowship in Psychiatric Epidemiology, Columbia University, 1983-1985.

Research Associate, New York State Psychiatric Institute, 1981-1983.

University Fellowship, City University of New York, 1976, 1978.

New York State Regents Fellowship, 1979.

Cum Laude Bachelor of Science, Brooklyn College. 1969

Other Achievements

One of my photographs was selected for a book by Eleanor Winters entitled *Paris/Auschwitz: Remembering the Children A la Mémoire des Enfants Déportés*. Greensboro, NC: John Neal Bookseller, 2020.

Photograph of tiger swallowtail butterfly with part of wing bitten off, Wolfe's Neck State Park, Maine; selected for Appalachian Mountain Club 2016 calendar.

Award from the Appalachian Mountain Club for ascending all 48 of the highest summits in New Hampshire's White Mountains, 2014

Runner-up in Appalachian Mountain Club Photography Contest, 2012. Photograph of hikers on the trail to Mt. Moriah, White Mountains, New Hampshire.

Identified Brood II of 17-year periodical cicadas in Harriman State Park. Reported the location of the brood to biologists involved in research on *Magicicada*. 1979.

(13) REVIEWER/EDITOR

Editorial Board, *Journal of Occupational Health Psychology*, 2013 –

Editorial Board, *Occupational Health Science*, 2017 -

Consulting Editor: *Journal of Genetic Psychology*, 1990 –

Guest Editor: *Frontiers in Psychology*, 2015

Guest Editor: *Journal of Occupational Health Psychology*, 2018-2019

Reviewer: *American Journal of Psychiatry*
Anxiety, Stress & Coping
Asia-Pacific Journal of Teacher Education and Development
Australia and New Zealand Journal of Psychiatry
British Medical Journal
BMC Public Health
BMC Research Notes
Educational Psychology
Frontiers in Psychology
International Journal of Stress Management
International Journal of Workplace Health Management
Journal of Clinical Psychology
Journal of Consulting and Clinical Psychology
Journal of Developmental and Behavioral Pediatrics
Journal of Genetic Psychology
Journal of Health Psychology
Journal of Occupational and Organizational Psychology
Journal of Occupational Health Psychology
Journal of Psychology
Journal of Social and Clinical Psychology
Journal of Social Behavior and Personality
New England Journal of Medicine
Occupational Health Science
Research Notes
Stress and Health

Edited journal's special issue:

Laurent, E., Bianchi, R., Schonfeld, I. S., & Vandell, P. (Eds.) (2016). Depression, burnout, and other mood disorders: Interdisciplinary approaches. Research Topic (joint Special Issue) of *Frontiers in Psychology and Frontiers in Psychiatry*.

(14) GRANTS AWARDED

PSC-CUNY Award Program. 2016-17. Burnout and Depression, One-year Follow-up Project. \$3491

PSC-CUNY Award Program. 2015-16. The Relation of Burnout to Depression. \$3475

Wrote the statistics and research design section of grant to Profs. Grossman and Ocken of the CCNY Mathematics Department. CUNY grant entitled An Internet-Based Homework System to Improve Student Performance in Precalculus. (2010-2012).

Wrote evaluation section for U.S. Dept. of Education Fund for the Improvement of Postsecondary Education (FIPSE) grant submitted by Prof. Jiji of the Grove School of Engineering at CCNY. The grant underwrites the creation of a capstone course for the CCNY's master of science in sustainability. (2010-2012).

Consultant in writing grant for the National Institutes of Health; Follow-Up: Young Adults Physically Abused as Adolescents. Responsible for writing the statistical analysis section. North Shore - Long Island Jewish Health Systems. 2002-2006. \$1,200,000.

PSC-CUNY Award Program. 2001-02. How Teachers Manage Demanding Events. \$3,300.

PSC-CUNY Award Program. 1998-99. The Application of Hierarchical Linear Modeling to Longitudinal Teacher Data. \$2,824.

PSC-CUNY Award Program. 1995-96. Workplace Characteristics and Psychological Functioning. \$4,530.

PSC-CUNY Award Program. 1993-94. The External Validity of Research Findings on Life Course and Educational Attainment. \$4,025

1R01OH002571-04 – 06 National Institute for Occupational Safety and Health/Centers for Disease Control. The Health-Damaging Effects of Occupational Stressors: Teachers. Competing Continuation Grant. 1991-1995. \$344,116.

PSC-CUNY Award Program. 1992-93. Multifaceted Examination of Stress in Teachers. \$3,200

A small grant awarded by the Faculty Senate of City College to support a study of the incidence of affective illness and screening scale-clinical interview concordance. 1991. \$400.

A small grant awarded by the Faculty Senate of City College to support a study of the incidence of affective illness and screening scale-clinical interview concordance. 1991. \$400.

PSC-CUNY Award Program. 1990-91. The Relation of Teacher Stress to Blood Pressure, Psychiatric Disorder, and Psychological Symptoms. \$9,800

1R01OH002571-01 – 03 National Institute for Occupational Safety and Health/Centers for Disease Control. The Health-Damaging Effects of Occupational Stressors: Teachers. A prospective study of the effects of job stressors on the health of teachers. 1988-1990. \$252,991.

PSC-CUNY Award Program. 1989-1990. Proposal to examine occupational stress in 1987 graduates entering their third year as teachers. \$4,924

PSC-CUNY Award Program. 1988-1989. Proposal to examine occupational stress in 1987 graduates entering their second year as teachers. \$9,362

PSC-CUNY Award Program. 1987-1988. Proposal to examine occupational stress in the first jobs of the 1987 graduating cohorts of Brooklyn, City, Hunter, and Lehman Colleges. \$7,951

Small grant awarded by the Faculty Senate of City College to study the test-retest stability of an instrument developed to assess the work environments of veteran teachers. 1988. \$400.

Small grant awarded by the Faculty Senate of City College to study the psychometric properties of an instrument developed to assess the effects of occupational stress among teachers. 1987. \$400.

Small grant from the Faculty Senate to investigate the utility of learning objectives in promoting achievement in City College students. 1986. \$400.

As a Research Associate in the Dept. of Psychiatry Columbia University/New York State Psychiatric Institute:

National Institute of Mental Health. Coauthored with David Shaffer, a grant proposal to investigate the aggregation of suicidal behavior and psychiatric disorder in the families of representative samples of adolescent suicide completers, attempters, and well controls. 1986-1988. \$2,338,000 (written in 1985).

As the Director of Research and Evaluation, Community School District 18, Brooklyn, NY

Dept. of Education. Women's Educational Equity Program. The proposal supported the development of women's centers in the schools. The centers would show all children the accomplishments of women scientists, writers, civil rights workers, etc. 1981. \$200,000.

(15) SELECTED PRESENTATIONS

Schonfeld, I. S. Guest presenter at Struggle to Succeed: How I Landed my Dream Job, Brooklyn College, Magner Career Center, December 3, 2019

Vrouletis, S., & Schonfeld, I. S. Burnout or Depression: A Study of Austrian Teachers. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019

Schonfeld, I. S., Vrouletis, S., & Verkuilen, J. Preliminary Bifactor Analysis Study of Burnout, Depression, and Anxiety in Austrian Teachers. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019

Schonfeld, I. S., Swigler, G., Bianchi, R., & Verkuilen, J. The Relationship Between the Maslach Burnout Inventory and Depressive and Anxiety Symptom Scales: The Last Thirty Years. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019

Schonfeld, I. S. How I Got My Career Going. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019.

Organized Three Education and Training Panels at the November 2019 Work, Stress, and Health Conference.

(1) Nixon, A.E., & Schonfeld, I. S. Working Outside the Ivory Tower: Insights and Advice on OSH Careers. With T. Bauerle, K. Saboe, and K.M. Dominguez. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019

(2) Schonfeld, I. S., & Nixon, A.E. Starting (or Changing) a Research Program: The Experience of Veteran Researchers? With L. Hammer, R. Sinclair, I. S. Schonfeld, and N.K. Semmer. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019.

(3) Nixon, A.E., & Schonfeld, I. S. Engaging Students in OHP Courses. With J.J. Mazzola, S. Andel, V. Bruk-Lee, and J.K. Dimoff. 13th International Conference on Work, Stress, and Health, Philadelphia, November 6-9, 2019

- Schonfeld, I. S. (2018, October). The burnout-depression conundrum. Baruch College of CUNY. Industrial-Organizational Psychology Ph.D. Program.
- Schonfeld, I. S. (2018, June). Burnout é depressão? The annual meeting of the Brazilian chapter of the International Stress Management Association. Porto Alegre, Brazil.
- Engelman, J., Milstein, G., & Schonfeld, I. S. (2017, August). Losing my orthodox religion: The immigration psychology of religious disaffiliation. Annual meeting of the American Psychological Association. Washington, DC.
- Schonfeld, I. S., Verkuilen, J., & Bianchi, R. (2017, June). Confirmatory factor analysis of burnout and depressive symptoms. 12th International Conference on Work, Stress, and Health, June 7-10, Minneapolis.
- Mazzola, J.J., & Schonfeld, I. S. (2017). Workshop: Mixed methodology in OHP: Combining qualitative and quantitative methods in one study. 12th International Conference on Occupational Stress and Health, June 7-10, Minneapolis.
- Singhroy, V., Verkuilen, J., Schonfeld, I. S., & Bianchi, R. (2017). Testing item disorderliness in screening instruments. 12th International Conference on Occupational Stress and Health, June 7-10, Minneapolis.
- Bianchi, R., Pasquier, N., & Schonfeld, I. S. (2017). Job dissatisfaction and depression: A multi-domain study. 12th International Conference on Occupational Stress and Health, June 7-10, Minneapolis.
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2017, May). Switching from burnout to job-related depression: A preliminary study. European Association of Work and Organizational Psychology. Dublin.
- Schonfeld, I. S. (2017, March). Burnout-depression overlap (with a brief introduction to the prehistory of occupational psychology). The Industrial-Organizational Psychology Doctoral Program, Baruch College, City University of New York.
- Bianchi, R., & Schonfeld, I. S. (2016, April). Burnout and depression overlap in New Zealand teachers. European Academy of Occupational Health Psychology Conference. Athens.
- Schonfeld, I. S., Bianchi, R., & Luehring-Jones, P. (2016, April). Thoughts concerning research on the consequences of job stress for teachers. European Academy of Occupational Health Psychology Conference. Athens.
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2016, April). Is burnout predicted by job stress? A two-wave one-year study. European Academy of Occupational Health Psychology Conference. Athens.
- Schonfeld, I. S. (2015, July). Lecture on burnout and depression. Dept. of Psychology, University of Surrey. Guildford, UK.
- Bianchi, R., & Schonfeld, I. S. (2015, May). Burned out workers live in a depressive cognitive world: The example of U.S. teachers. APA/NIOSH/SOHP Work, Stress, and Health Conference. Atlanta.
- Schonfeld, I. S., & Bianchi, R., (2015, May). Burnout or depression? APA/NIOSH/SOHP Work, Stress, and Health Conference. Atlanta.

- Bianchi, R., & Schonfeld, I. S. (2015, May). Is the burnout-depression distinction valid? A critical analysis. APA/NIOSH/SOHP Work, Stress, and Health Conference. Atlanta.
- Bianchi, R., & Schonfeld, I. S. (2015, April). Burned out or depressed. Is there a difference? Achieving Health Equity Through Community Partnerships: Innovations in Community-Based Participatory Research.
- Bianchi, R., Schonfeld, I. S., & Laurent, E. (2015, March). Does burnout help predict depression? A longitudinal investigation. 23rd European Congress of Psychiatry, Vienna.
- Bianchi, R., & Schonfeld, I. S. (2014, April). An attempt to distinguish burnout from depression based on major life stress, job-related stress, and social support at work. *Book of Proceedings of the 11th Conference of the European Academy of Occupational Health Psychology*, 311. London.
- Bianchi, R., Laurent, E., & Schonfeld, I. S. (2014, April). Is the burnout process a process of depression? A categorical approach. *Book of Proceedings of the 11th Conference of the European Academy of Occupational Health Psychology*, 297. London.
- Bianchi, R., & Schonfeld, I. S. (2014, March). Depressive cognition does not discriminate burnout from depression. 22nd European Congress of Psychiatry. Munich.
- Bianchi, R., & Schonfeld, I. S. (2014, March). Does anxiety predict burnout? A 5575-participant study. 22nd European Congress of Psychiatry. Munich.
- Bianchi, R., Schonfeld, I. S., Truchot, D., & Laurent, E. (2013, July). Burned out but not depressed? A re-examination of the burnout-depression overlap. Conference of the European Health Psychology Society, Bordeaux, France.
- Schonfeld, I. S. (2013, May). The pre-history of occupational health psychology. APA/NIOSH/SOHP Work, Stress, and Health Conference. Los Angeles, CA
- Schonfeld, I. S., & Mazzola, J.J. (2013, May). Workshop: What to look out for when planning qualitative OHP research. APA/NIOSH/SOHP Work, Stress, and Health Conference. Los Angeles, CA
- Schonfeld, I. S., & Mazzola, J.J. (2013, May). Stress in the Self-Employed: A Qualitative Study. APA/NIOSH/SOHP Work, Stress, and Health Conference. Los Angeles, CA
- Schmitt, L.P., Karanika-Murray, M., & Schonfeld, I. S., (2013, May). What Are the Most Relevant Journals to OHP? Results of the OHP Publication Outlets Survey v2.0. APA/NIOSH/SOHP Work, Stress, and Health Conference. Los Angeles, CA
- Schonfeld, I. S., & Mazzola, J.J. (2011, May). A qualitative study of job stress in the self-employed. Paper session on Changing Employment Arrangements and Job Insecurity at APA/NIOSH/SOHP Work, Stress, and Health 2011. Orlando, FL.
- Schmitt, L.P., Karanika-Murray, M., & Schonfeld, I. S. (2011, May). Identifying publication outlets in occupational health psychology: An opinion survey. APA/NIOSH/SOHP Work, Stress, and Health 2011. Orlando, FL.
- Schonfeld, I. S. (2011, April). Qualitative research in occupational health psychology. University of Houston, Houston, TX
- Schonfeld, I. S. (2011, March). Preventing school violence. Robert F. Kennedy School. New York, NY.

- Schonfeld, I. S. (2009, November). Strengths and limitations of qualitative research on occupational stress. Symposium on Research Methodology: Issues in Occupational Health Psychology Research, APA/NIOSH/SOHP Work, Stress, and Health 2009: Global Concerns and Approaches, San Juan, Puerto Rico.
- Schonfeld, I. S. (2009, November). Three-year longitudinal study of new women teachers. Paper session on Occupational Factors and Depression at APA/NIOSH/SOHP Work, Stress, and Health 2009: Global Concerns and Approaches, San Juan, Puerto Rico.
- Schonfeld, I. S. (2009, November). The story of the newsletter of the society for occupational health psychology: Some history and one or two things I have learned. Paper session on Advances in OHP Education and Practice, at APA/NIOSH/SOHP Work, Stress, and Health 2009: Global Concerns and Approaches, San Juan, Puerto Rico.
- Schonfeld, I. S. (2008, March). Organized a symposium entitled The Application of Daily Diary Methods to Occupational Stress Research. APA/NIOSH/SOHP Work, Stress, and Health Conference.
- Schonfeld, I. S. (2008, March). Diary Study of New Teachers. APA/NIOSH/SOHP Work, Stress, and Health Conference.
- Schonfeld, I. S. (2008, March). Qualitative methods inform job stress research. APA/NIOSH/SOHP Work, Stress, and Health Conference.
- Schonfeld, I. S., & Feinman, S. (2008, March). Difficulties of highly recruited new workers: The case of teachers. APA/NIOSH/SOHP Work, Stress, and Health Conference.
- Nehm, R., Reilly, L., & Schonfeld, I. S. Measuring knowledge of natural selection: A methodological comparison of C.I.N.S., an open-response instrument, and oral interview. National Association for Research in Science Teaching. New Orleans, April 2007.
- Schonfeld, I. S. Qualitative and quantitative approaches to research on teacher stress. New Educator Conference. New York City. October 2006.
- Schonfeld, I. S. A look at teachers at work through two different lenses. Association for Psychological Science. New York City, May 2006.
- Schonfeld, I. S. The daily show: Teachers at Work. American Psychological Association-NIOSH Conference on Work, Stress, and Health. Miami, March 2006.
- Schonfeld, I. S., & Rindskopf, D. HLM in longitudinal research outside the context of the growth model. American Psychological Association-NIOSH Conference on Work, Stress, and Health. Miami, March 2006.
- Scott, M., Wilcox, H., Schonfeld, I. S., Davies, M., Hicks, R., Turner, J., et al. (2004). The Columbia Suicide Screen: Does screening identify previously unknown teens at risk for suicide and other mental health problems? Poster presented at the American Public Health Conference.
- Schonfeld, I. S. Occupational health psychology comes home: New York City teachers. Dept. of Applied Psychology, York University Steinhardt School of Education. December 2003.
- Schonfeld, I. S. Qualitative research informs daily diary research on teacher stress. American Psychological Association-NIOSH Conference on Work and Health. Toronto, March 2003.

- Schonfeld, I. S. Chair. Symposium on workplace violence. American Psychological Association-NIOSH Conference on Work and Health. Toronto, March 2003.
- Schonfeld, I. S. Hierarchical linear modeling in longitudinal stress research. International Conference on Social Stress Research. Portsmouth, New Hampshire. April 2002.
- Schonfeld, I. S., & Rindskopf, D. Hierarchical linear modeling: Application to occupational stress research. *Work, Stress, and Health '99: Organization of Work in a Global Economy*. Baltimore, MD, March 1999.
- Schonfeld, I. S. Teacher education reform at City College. Rhode Island College, Providence, RI, November 1998.
- Schonfeld, I. S. The application of hierarchical linear modeling to longitudinal teacher stress research. Invited colloquium at the Graduate School and University Center of the City University of New York, New York City, March 1998.
- Schonfeld, I. S. Research on teacher stress: Three years of work force experience. Fordham University Graduate Education Colloquium, New York City, 1998.
- Schonfeld, I. S. The influence of working conditions, social support, and coping on psychological outcomes in new women teachers. *Fachgruppenkolloquiums Psychologie*. University of Konstanz, Konstanz, Germany, June 1996.
- Schonfeld, I. S. Qualitative occupational research: Is it helpful? International Conference on Social Stress Research, Paris, May 1996.
- Schonfeld, I. S. A quantitative researcher's view of qualitative occupational stress research. The American Psychological Association/National Institute of Occupational Health Conference, Washington, DC, September 1995.
- Schonfeld, I. S. Working conditions and social support affect depressive symptoms and job satisfaction. Annual Meeting of the American Psychological Society, New York City, June 1995.
- Schonfeld, I. S., & Santiago, E.A. The relation of working conditions to psychological distress in women teachers: Qualitative findings. Conference on Healthy Families in the 21st Century. Indianapolis, November 1994.
- Schonfeld, I. S. Negative affectivity and the relation between job stressors and distress. Annual Meeting of the American Psychological Society, Washington, D.C, July 1994.
- Schonfeld, I. S. The impact of working conditions on depressive symptoms: The case of newly appointed woman teachers. International Conference on Social Stress Research, Honolulu, May 1994.
- Schonfeld, I. S. Depressive symptoms in women teachers. The Henry Murray Research Center: A Center for the Study of Lives, Radcliffe College, Harvard University, October 1993.
- Schonfeld, I. S. Psychological distress and negative affectivity in research in occupational stress. Symposium on The Intersection of Occupational Stress and Personality Research: Negative Affectivity (organizer I. S. Schonfeld). Annual Meeting of the American Psychological Society, Chicago, June 1993.

- Schonfeld, I. S., & Xia, F. One-year longitudinal study of depressive symptoms and job morale in newly appointed women teachers. The American Psychological Association/National Institute of Occupational Safety and Health Conference on Stress in the 90's: A Changing Workforce in a Changing Workplace, Washington, DC, November 1992.
- Pysher, E.R., & Schonfeld, I. S. Trouble in paradise? A study of stress among teachers of the gifted. The American Psychological Association/National Institute of Occupational Safety and Health Conference on Stress in the 90's: A Changing Workforce in a Changing Workplace, Washington, DC, November 1992.
- Schonfeld, I. S. The futility of occupational coping. International Conference on Social Stress Research, Venice, June 1992.
- Schonfeld, I. S. Stress management: Personal versus organizational resources. Invited address at the Annual Meeting of the New York State United Teachers. New York, March 1992.
- Schonfeld, I. S. Longitudinal research on teacher stress. Invited address for the Columbia University Teachers College Conference on Teacher Stress. New York, October 1991.
- Schonfeld, I. S. Depressive symptoms in teachers. Annual meeting of the American Psychological Society, Washington, DC, June 1991.
- Schonfeld, I. S. Diverse perspectives on occupational stress in the teaching profession. Symposium on the Variety of Research Approaches to Studying Teacher Stress. Symposium organizer and presenter. American Educational Research Association, Chicago, April 1991.
- Schonfeld, I. S. Work and depressive symptoms. Colloquium of the Psychology Dept. of Brooklyn College, March 1991.
- Schonfeld, I. S. Assessing distress in teachers using depressive symptoms scales. Symposium New Approaches to Assessing Stress at Work. The American Psychological Association/National Institute of Occupational Safety and Health Conference on Work and Well-being, Washington, DC, November 1990.
- Schonfeld, I. S. Teacher "burnout." Annual Meeting of the American Psychological Association, Boston, August 1990.
- Schonfeld, I. S. Occupational stress and preemployment measures: The case of teachers. International Conference on Social Stress Research, Regent's College, London, June 1990.
- Schonfeld, I. S. Research methods on the health-damaging effects of occupational stress: Teachers. Psychiatric Epidemiology Program, Columbia University, May 1990.
- Schonfeld, I. S. Measuring functional social support. Biennial Meeting on Community Research and Practice. Michigan State University, June 1989
- Schonfeld, I. S. Teacher stress. Brooklyn College, May 1988.
- Schonfeld, I. S. Occupational stress in helping professionals. Invited Address to the New Jersey Psychological Association, April 1988.
- Schonfeld, I. S. Occupational stress and health: The case of teachers. The School Based Improvement Project. The Hudson River Conference Center, Ossining, NY, October 1987.

Schonfeld, I. S. Enhancing undergraduate achievement: The use of learning objectives. Annual Meeting of the American Psychological Association, August 1987.

Schonfeld, I. S. Chair of meeting with Albert Yee on student unrest in the People's Republic of China. Annual Meeting of the American Psychological Association, August 1987.

Schonfeld, I. S. How well do laboratory measures of attention serve clinicians? The Ryerson-MacEvoy Child Psychiatry Colloquium. Columbia University and New York State Psychiatric Institute, New York City, March 1985.

Schonfeld, I. S. The use of cognitive tests in child psychiatric research. Queens Children's Psychiatric Center, March 1985.

Schonfeld, I. S. Cognitive functioning and disorders of conduct. Paper presented at the Annual Meeting of the Society for Epidemiologic Research, Houston, June, 1984.

Schonfeld, I. S. The association between deficits in cognitive functioning and disorders of conduct: Is the relationship causal? Paper presented at the Annual Meeting of the Society for Life History Research in Psychopathology, Baltimore, October, 1984.

Schonfeld, I. S., & Shaffer, D. Neuropsychiatry Update. Grand Rounds, New York State Psychiatric Institute, New York City, February, 1983.

Schonfeld, I. S., & Shaffer, D. A causal relationship between soft signs and anxiety. Has it been established? The Ryerson-MacEvoy Child Psychiatry Colloquium. Columbia Univ. and New York State Psychiatric Institute, New York City, September 1983.

Schonfeld, I. S. Familial, environmental, neurological factors in psychiatric outcome. Annual Conference at Arden House, Columbia Univ., Harriman, NY, November, 1983.

(16) LEADERSHIP ACTIVITIES

Co-chair of the Education and Training Committee, the Society for Occupational Health Psychology, 2018 -

Founder and founding editor of the *Newsletter of the Society for Occupational Health Psychology*, 2006-2011

Board of Directors, City College Hillel Club, 1992 -

Executive Committee, Dept. of Leadership and Special Education, City College School of Education

Committee on Course and Standing, CCNY College of Liberal Arts and Sciences, 1992-2001

Social and Psychological Foundations Department Curriculum Committee, City College School of Education

PAL soccer coach.

PAL Little League coach

(17) WIKIPEDIA

Originated 40 articles on Wikipedia, including the following: Occupational health psychology, Society for Occupational Health Psychology, *Journal of Occupational Health Psychology*, European Academy of Occupational Health Psychology, *Work & Stress*, among others.

Completed more than 14,000 edits on Wikipedia

(18) MEMBERSHIPS

American Psychological Association

Society for Occupational Health Psychology

Appalachian Mountain Club

(19) SERVICE ACTIVITIES

A. College and University

University-wide Faculty Select Faculty Panel. Makes judgments regarding grievances bearing on reappointments, tenure, etc. 2018 - present

Psychology Department ad hoc committee to enhance the undergraduate experimental psychology course. 2015 – present.

Board of Directors, CCNY Hillel Club 1992 to present

Executive Committee, Dept. of Leadership and Special Education, City College School of Education, 2002 - 2007

Committee on Course and Standing, CCNY College of Liberal Arts and Sciences, 1992 - 2001

City College School of Education Committee on Strengthening Undergraduate English and Mathematics Requirements, Chair, 1997

Committee on Student Teaching and Cooperative Education, City College School of Education, 1989-1994.

Social and Psychological Foundations Department Curriculum Committee, City College School of Education, 1989-1994

CUNY Teacher Education Research Committee, 1987-1990.

CUNY National Teachers Examination Campus Representatives Committee, 1988-1990.

Dean's Committee on Student Performance on the National Teachers Examination, City College School of Education, 1987-1989

City College Research and Scholarship Day Committee, 1987

Social and Psychological Foundations Department, City College School of Education, Committee on VM and SPSS, 1986-1989.

Social and Psychological Foundations Department, City College School of Education, Committee on Adjuncts, 1985-1989

B. The Community

Appalachian Mountain Club, 1990- present

American Youth Soccer League. 1992-1997

78th Precinct Little League. 1992-1995

C. Other activities

Softball, reading, photography, hiking

(20) MEDIA COVERAGE

Double Life.

By Irvin Sam Schonfeld

January 28, 2021

National Writers Union website. <https://nwu.org/double-life/>

New Screening Tool for Work-Related Depression

By Alexis Pellek

December 14, 2020

PSYCOM PRO

<https://pro.psychom.net/news-research/weekly-round-ups/week-of-december-14-2020>

Researchers unveil new tool to measure severity of occupational depression

By Carrie Wood

December 10, 2020.

Academic Times.

<https://academictimes.com/researchers-unveil-new-tool-to-measure-severity-of-occupational-depression/>

Why New Teachers are Burning Out Early.

By Gretchen Brown

March 4, 2020

Rewire Magazine

<https://www.rewire.org/work/new-teachers-burning-out-early/>

Is burnout actually a form of depression? How do we focus on work-life balance without downplaying clinical depression? *Psychology Today*.

Jan. 19, 2020

By Grant H. Brenner

<https://www.psychologytoday.com/ie/blog/psychiatry-the-people/202001/is-burnout-actually-form-depression>

Burning issue: What we're getting wrong about workplace burnout

Kim Mills

October 7, 2019

PS News (Australia)

What you're probably getting wrong about workplace burnout.

By Kim I. Mills
Sept. 24, 2019.
FastCompany.

<https://www.fastcompany.com/90407792/what-youre-probably-getting-wrong-about-workplace-burnout>

Yes, post-vacation burnout is a thing. By Emily Underwood. *The Forge*.

August 19, 2019

<https://forge.medium.com/yes-post-vacation-burnout-is-a-thing-ef614bc7d49f>

Hustle Culture (podcast)

By Tim Seeburger
May 23, 2019.

<https://podcasts.apple.com/us/podcast/culture-ep-4-hustle-culture/id1446370314?i=1000439144576>

As 'chronic grind' causes more burnout some experts worry it's really depression: For many burnout masks depression. That's why some want to change the conversation about burnout and mental health.

By Meghan Holohan

March 25, 2019, 9:23 AM EDT / TODAY Show (NBC)

https://www.today.com/health/burnout-or-depression-how-tell-difference-t150836?fbclid=IwAR0VNFJc3BryDtDOZ1nhf5YF4swi0JBplmygLq_71z1Lcb6UMpwuSng-J4I

The Truth Behind Burnout

Source: SUM

NO AUTHOR--- The Graduate Center, CUNY

March 12, 2019

<https://www.gc.cuny.edu/News/All-News/Detail?id=48091>

How to Deal with Workplace Burnout

By Ron Geraci

Men's Health

Oct 31, 2018

<https://www.menshealth.com/health/a23844502/workplace-burnout/>

Work burnout linked to atypical depression

By Rick Nauert PhD

Aug 8, 2018

<https://psychcentral.com/news/2014/12/16/work-burnout-linked-to-atypical-depression/78698.html>

Is working remotely bad for your health?

By Markham Heid. *Time Magazine*

July 9, 2018

<http://time.com/5333239/is-working-remotely-bad-for-you/>

Emmanuel Macron is reportedly burning out. here's why that matters.

By Nora Battelle

Thrive Global

November 7, 2018

<https://thriveglobal.com/stories/emmanuel-macron-is-reportedly-burning-out-heres-why-that-matters/>

Physician burnout: Let's talk

NO AUTHOR

Physician burnout: let's talk

The Lancet

April 8, 2017

[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(17\)30940-6/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(17)30940-6/fulltext)

Are burnout and depression the same thing? Conditions may be a single problem, teachers study suggests

By Ann Lukits

Marych 7, 2016

The Wall Street Journal

<https://www.wsj.com/articles/are-burnout-and-depression-the-same-thing-1457366565>

The truth about your burnout is you might be depressed

By Ilan Mochari

Inc.

March 8, 2016

<https://www.inc.com/ilan-mochari/burnout-depression-research-treatment.html>

CCNY psychologist links burnout and depression

NO AUTHOR

Press-News.org

December 12, 2015

<https://press-news.org/143217-ccny-psychologist-links-burnout-and-depression.html>

Burnout present in almost all atypical depression

By Rachel Lutz

MD Magazine

Feb 25, 2015

<https://www.mdmag.com/medical-news/burnout-present-in-almost-all-atypical-depression->

Burnout and depression: Two entities or one? CCNY provides answer

By City College of New York - Jay Mwamba

Oct 19, 2015

https://www.eurekalert.org/pub_releases/2015-10/ccon-bad101915.php

Experts determine burnout and depression are closely linked

By Antonia [no surname]d

Natural News

Sunday, May 31, 2015

https://www.naturalnews.com/049900_burnout_depression_exhaustion.html

La depresión podría ser confundida con estrés, lo que provoca que las personas, al minimizar sus riesgos, no busquen un tratamiento.

Oaxaca Digital

No author.

January 7, 2015.

<http://oaxaca.me/mexicanos-minimizan-consecuencias-de-la-depresion-y-el-estres/>

Work burnout can lead to depression

NO AUTHOR

Haymarket Media, Inc.

December 17, 2014

<https://www.psychiatryadvisor.com/home/topics/mood-disorders/work-burnout-can-lead-to-depression/>

Teacher burnout and depression

By Melissa Lavery

Breakthrough Psychology

ca 2014

<http://www.breakthroughpsychologyprogram.com/teacher-burnout--depression.html>

Burnout and depression linked

NO AUTHOR

Medical News Today

December 21, 2014

<https://www.medicalnewstoday.com/mnt/releases/287076#1>

Burnout and depression overlap far more often than you think: How to prevent both

By Lecia Bushak

Medical Daily

Oct 21, 2015

<https://www.medicaldaily.com/burnout-and-depression-overlap-far-more-often-you-think-how-prevent-both-358240>

Burnout can take a toll on employee decision making and mental health

NO AUTHOR

American Psychological Association's Center for Organizational Excellence

Resources for Employers

January 21, 2015 | Volume 9 | Number 1

<https://www.apaexcellence.org/resources/goodcompany/newsletter/article/593>

Feeling burnt out leads to depression

NO AUTHOR--- Iran Daily

December 17, 2014

<http://www.iran-daily.com/News/57668.html>

Which is the relationship between burnout and depression?

NO AUTHOR

Thalpos-Mental Health

Nov 30, 2015

<https://thalpos.org.gr/en/news-media/news-articles/which-relationship-between-burnout-and-depression>

Burnt Out Leads to Depression; Some Tips to Avoid it

NO AUTHOR

Microfinance Monitor

ca 2014

<http://www.microfinancemonitor.com/burnt-out-leads-to-depression-some-tips-to-avoid-it/24131>

How to tell the difference between depression and burnout

By Aviva Patz

Prevention

Nov 5, 2015

<https://www.prevention.com/life/a20486040/depression-or-burnout/>

Burnout might really be depression; how do doctors cope?

By Leigh Page

Medscape

January 17, 2018

<https://www.medscape.com/viewarticle/891005>

Burnout sure shot recipe for depression

By *Indo-Asian News Service |New York |*

Updated: December 16, 2014 5:14:51 pm

<https://indianexpress.com/article/lifestyle/health/feeling-burnt-out-leads-to-depression/>

Feeling burnt out leads to depression

December 16, 2014

NO AUTHOR

Indian Express

<https://indianexpress.com/article/lifestyle/health/feeling-burnt-out-leads-to-depression/> (REPEATED ARTICLE)

La conexión entre la depresión y el burnout

BY David Aparicio

Psyciencia

Dec 29, 2014

<https://www.psyciencia.com/la-conexion-entre-la-depresion-y-el-burnout/>

Le: The challenges teachers face

By Irvin Schonfeld

The New York Times

March 7, 2012

<https://www.nytimes.com/2012/03/08/opinion/the-challenges-that-teachers-face.html?searchResultPosition=1>

Burnout sure shot recipe for depression

By Agencies

The Free Press Journal

December 16, 2014 7:02 pm

<https://www.freepressjournal.in/health/burnout-sure-shot-recipe-for-depression/498551>

Le: Literary Asheville

By Irvin Schonfeld

November 10, 2010

The New York Times

https://www.nytimes.com/2010/11/14/travel/14letters-LITERARYASHE_LETTERS.html?searchResultPosition=1

Le: Northern delights

By Irvin Schonfeld

October 30, 2009

The New York Times

https://www.nytimes.com/2009/11/01/travel/01letters-NORTHERNDELI_LETTERS.html?searchResultPosition=2

Le: Great debater, greatest teacher.

By Irvin Schonfeld

April 2008

Clarion (PSC-CUNY newspaper. Page 2.

<https://archive.psc-cuny.org/Clarion/ClarionApril08.pdf>

Le: The Moses legacy

By Irvin Schonfeld

May 13, 2007

The New York Times

<https://www.nytimes.com/2007/05/13/opinion/l13city.html?searchResultPosition=2>

Le: Republicans abandoned Bush and their principles -- What's next?

By Irvin Schonfeld

The Wall Street Journal

Nov. 14, 2006

<https://www.wsj.com/articles/SB116347672174722438>

Le: The uproar at Bronx Science

By Irvin Schonfeld

The New York Times

June 19, 2005

<https://www.nytimes.com/2005/06/19/opinion/nyregion/the-uproar-at-bronx-science-234281.html?searchResultPosition=1>

Le: Cats' delicatessens

By Irvin Schonfeld

December 8, 2002

The New York Times

<https://www.nytimes.com/2002/12/08/nyregion/arent-fines-supposed-to-punish-debating-the-new-parking-penalties.html?searchResultPosition=1>

Corporate executives can be mentally ill, too

NO AUTHOR

MVP Seminars

Jan 1, 2000

<http://mvpseminars.com/post/corporate-executives-can-be-mentally-ill-too/>