

**VALENTINA NIKULINA, PH.D.**  
Assistant Professor

OCTOBER, 2014

**Academic Appointment**

Psychology Department  
Queens College  
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Queens, NY 11367-1597  
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Phone: 718-997-3215

**Education**

- 2013-2014 NIDA-sponsored National Research Service Award training fellowship at the National Development and Research Institutes, New York, NY.
- 2011-2013 Research postdoctoral fellowship in Developmental Outcomes of Childhood Maltreatment in the laboratory of Cathy Spatz Widom, Ph.D., John Jay College, New York, NY.
- 2009 Ph.D., Clinical Psychology Child Track (A.P.A. accredited), St. John's University, Queens NY. (Dissertation defended: September, 2009; Dissertation advisor: Elissa J. Brown, Ph.D.)
- 2009 Predoctoral A.P.A. Accredited Clinical Psychology Internship, Long Island Jewish Medical Center, Glen Oaks, NY.  
(Clinical Supervisors: Jonathan Samuels, Psy.D., Barbara Libov, Ph.D., Dina Hirsch, Ph.D.)
- 2007 M.A., Clinical Psychology, St. John's University, Queens, NY.  
(Thesis Advisors: Hirokazu Yoshikawa, Ph.D., Jeffrey Nevid, Ph.D.)
- 2004 B.A., summa cum laude, honors in Psychology, New York University, New York, NY. Double major in Psychology and Economics and minor in Spanish

**Professional Licensure**

NYS Licensed Clinical Psychologist, License # 018736

**Honors and Awards**

- 2013 - 2014 NIDA- sponsored National Research Service Award training fellowship in Behavioral Science at the National Development and Research Institutes
- 2013 "Child maltreatment and executive functioning in middle adulthood: A prospective examination" manuscript selected for distribution at the "Accelerating ACE Responses to Achieve Comprehensive Systems Change" conference

- 2012 *Invited Panelist* at the Translational Research on Child Neglect Consortium Conference, Washington D.C.
- 2010 *Recipient*, Young Scholar Travel Grant to the Translational Research on Child Neglect Consortium Conference, St. Louis, MO.
- 2010 *Recipient*, New York Presbyterian Falcon Award for Superior Clinical Service, Columbia Presbyterian Hospital Center, New York, NY.
- 2009 *Appointee*, Student section of Child Maltreatment Editorial Board
- 2004-2005 *Recipient*, St. John's University Doctoral Fellowship, Queens, NY.
- 2004 *Recipient*, Earlbaum Book Award for Distinguished Honors Thesis in Psychology, New York University, New York, NY.
- 2003 *Participant*, "Research Experience for Undergraduates" sponsored by the National Science Foundation, Baruch College, New York, NY (in the laboratory of Dr. Engle-Friedman)

### **Grant Support**

- 2013-2015 Loan Repayment Program  
Pathways to health: From childhood neglect and poverty to adult health outcomes.  
NIMHD: \$26,000  
Role: Principal Investigator

### **Submitted Grant Proposals**

- 2012 R03  
Linking race, childhood neglect and poverty to adult health: What are the mechanisms?  
NICHD: requested \$100,000  
Role: One of Multiple Principal Investigators (with CS Widom)
- 2013 Administrative Supplement  
Sex-specific pathways from childhood maltreatment to adult health  
NICHD requested \$100,000  
Role: Co-Investigator

### **Publications**

- Nikulina, V., & Widom, C.S. (2014). Do race, neglect, and childhood poverty predict physical health in adulthood? A multilevel prospective analysis. *Child Abuse & Neglect*, 38 (3), 414-424.
- Nikulina, V., & Widom, C.S. (2013). Child maltreatment and executive functioning in middle adulthood: A prospective examination. *Neuropsychology*, 27 (4), 417-427.
- Nikulina, V., & Widom, C.S. (November 2013). Does child maltreatment predict executive

functioning in middle adulthood? A prospective examination [Abstract]. *Comprehensive Psychiatry*, 54 (8), e30.

Nikulina, V., & Widom, C.S. (January 2013). Child neglect, race, childhood family and neighborhood poverty and adult physical health: does mental health mediate or moderate these relations? [Abstract]. *Comprehensive Psychiatry*, 54 (1), e7-e8.

Nikulina, V., Widom, C.S. & Brzustowicz, L.M. (2012). Child abuse and neglect, MAOA, and mental health outcomes: A prospective examination. *Biological Psychiatry*, 15, 350-357.

Widom, C.S., & Nikulina, V. (2012). Long-term consequences of child neglect in low-income families. In Maholmes, V., & King R (Eds.). *The Oxford Handbook of Poverty and Child Development*. New York: Oxford University Press.

Nikulina, V., Widom, C. S. & Czaja, S. (2011). The role of childhood neglect and childhood poverty in predicting mental health, academic achievement and crime in adulthood. *American Journal of Community Psychology*, 48 (3), 309-321.

Nikulina, V., Widom, C.S. & Brzustowicz, L.M. (November-December, 2011). Child abuse and neglect, monoamine oxidase A, and mental health outcomes: a prospective examination [Abstract]. *Comprehensive Psychiatry*, 52 (6), e11-e12.

Nikulina, V., Hergenrother, J.M., Brown, E. J., Doyle, M.E., Filton, B.J., & Carson, G. S. (2008). From efficacy to effectiveness: the trajectory of the treatment literature for children with PTSD. *Expert Review of Neurotherapeutics*, 8, 1233-1246.

Yoshikawa, H., Lowe, E. D., Bos, J.H., Weisner, T., Nikulina, V., & Hsueh, J. (2006). Pathways through low-wage work: Do they matter for children's development? In H. Yoshikawa, T.S. Weisner, & E.Lowe (Eds.). *Making It Work: Low-Wage Employment, Family Life and Child Development*. New York: Russell Sage.

### **Manuscripts under Review**

Francis, M.M., Nikulina, V.N., & Widom, C.S. (revise and resubmit in *Child Maltreatment*). *A prospective examination of the mechanisms linking childhood physical abuse to obesity in adulthood.*

### **Manuscripts in Progress**

Nikulina, V., & Brown, E.J. (in preparation). Responses to sexual assault disclosure and survivor functioning: The role of race/ethnicity match.

Nikulina, V., & Widom, C.S. (in preparation). From childhood maltreatment to adult crime: The role of executive functioning in pathways to delinquency

Nikulina, V., & Widom, C.S. (in preparation). Does executive functioning mediate the association between childhood maltreatment and adult psychopathy?

Nikulina, V., Rosenblum, A, & Guarino, H. (in preparation) Comparing multiple measures of aberrant drug use among opioid-dependent pain patients.

Kusmierska, G., Gottdiener, W.H., & Nikulina, V. (in preparation) Does anger management treatment help angry adults? A meta-analytic answer.

### **Presentations and Posters**

\* represent student co-authors

Nikulina, V., Widom, C.S. *Does executive functioning mediate the association between childhood abuse and neglect and psychopathy in adulthood? A prospective investigation.* Paper to be presented at the annual meeting of the American Society of Criminology in November 2014, San Francisco, NY.

Nikulina, V., Widom, C.S., & Wilson, H. *Do childhood maltreatment, childhood poverty and race predict physical health outcomes in adulthood? A multilevel prospective analysis.* Paper to be presented at the annual meeting of the International Society of Traumatic Stress Studies in November 2014, Miami, FL.

Hoefinger, H., Gelpí-Acosta, C., Harris, S., Nikulina, V., Downing, M.J., Morton, C., Newsome, V., & Gunn, A. (August, 2014). *Prescription drug diversion: An assessment of illicit acquisition and redistribution predictors.* Poster presented at the annual meeting of the Society for the Study of Social Problems, San Francisco, CA.

\*Micek, A., Bonifacio, P., & Nikulina, V. (March, 2014). *Birth order, gender, race and achievement motivation.* Poster presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

Nikulina, V., & Widom, C.S. (March, 2014). *Child maltreatment, executive functioning and antisocial behavior in middle adulthood: A prospective examination.* Poster presented at the annual meeting of the American Psychopathological Association, New York, NY.

Francis, M.M., Nikulina, V., & Widom, C.S. (March, 2013). *A longitudinal examination of the relationships underlying the relationship between physical abuse and adult obesity.* Poster presented at the annual meeting of the Eastern Psychological Association, New York, NY.

Nikulina, V., & Widom, C.S. (September, 2012). *Child maltreatment, PTSD and executive functioning in middle adulthood: A prospective examination.* Poster presented at the annual meeting of Translational Research on Child Neglect Consortium in Washington, D.C.

Nikulina, V., & Widom, C.S. (March, 2012). *Child neglect, race, childhood family and neighborhood poverty and adult physical health: Does mental health mediate or moderate these relations?* Poster presented at the annual meeting of the American Psychopathological Association, New York, NY.

Nikulina, V., Widom, C.S., & Brzustowicz, L.M. (March, 2011). *Child abuse and neglect, Monoamine Oxidase A and mental health outcomes: A prospective examination.* Poster presented at the annual meeting of the American Psychopathological Association, New York, NY.

- Nikulina, V., Widom, C.S., & Czaja, S. (November, 2010). *The role of childhood neglect and childhood poverty in predicting mental health, academic performance and criminal behavior in adulthood*. Paper presented at the annual meeting of the American Society of Criminology, San Francisco, CA.
- Lang, C., Brown, E., & Nikulina, V. (April, 2009) *The role of avoidant coping and coping adaptability for children responding to community violence*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Nikulina, V., Lang, C.M., Carson, G.S., Goodman, R.F., Kolko, D.J., & Brown, E.J. (November, 2007). *Emergency department, outpatient clinic, or inpatient psychiatric hospital: Do trauma severity and children's psychopathology predict treatment setting?* Paper presented as part of symposium titled Culture, Psychopathology, and Service Delivery for Traumatized Children and Their Families: Lessons Learned from the PARTNERS Program at the annual meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- Brown, E.J, Sharma, K, Hergenrother, J.S., Nikulina, V., Carson, G.S., & Lang, C.M. (May, 2007). *The challenge of treating QCPC patients: Complex trauma and complex psychopathology*. Paper presented at Queens Children's Psychiatric Center Grand Rounds, Queens, NY.
- Nikulina, V., & Yoshikawa, H. (August, 2007). *Job stability, wages and depression of low income mothers*. Poster presented at the annual meeting of American Psychological Association, New Orleans, LA.
- Nikulina, V., & Yoshikawa, H. (April, 2005). *Wage Growth, job stability and parent and child educational expectations*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, GA.
- Engle-Friedman, M., Brodacki, E., Nikulina, V, Schrock, M., & Strothers, E. (June, 2004). *Does effort follow a circadian rhythm?* Poster presented at the annual meeting of Associated Professional Sleep Societies, Philadelphia, PA.
- Nikulina, V. & Yoshikawa, H. (May, 2004). *Achievement expectations and wage growth*. Poster presented at the annual undergraduate research conference at New York University, New York, NY.
- Solhkhah, R., Passman, C., Lavezzi, G., Zoffness, R., Moshel, S., Nikulina, V., Silva, R. (October, 2003). *Efficacy of a children's home and community-based services waiver program*. Poster presented at the annual meeting of American Academy of Child and Adolescent Psychiatry, Washington DC.

## Research Positions

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| 2013-2014 | NIDA-sponsored Behavioral Science Training Fellowship at the National Development and Research Institutes |
| 2011-2013 | Postdoctoral Fellow, John Jay College of Criminal Justice, New York, NY.                                  |

- 2007-2008 Project Coordinator, "Evaluation of Cognitive Behavioral Therapy in the Office of Mental Health Sponsored Inpatient and Day Treatment Hospitals" project, Prevention of Adverse Reactions to Trauma and Related Stress (PARTNERS) Program, St. John's University, Queens, NY.
- 2005-2007 Research Fellow, PARTNERS Program, St. John's University, Queens, NY.
- 2003-2004 Research Fellow in "Research Experience for Undergraduates" sponsored by NSF, Baruch College, New York, NY
- 2000-2004 Research Assistant, New York University, New York, NY.

### **Clinical Experience**

- 2011-present Founder, part-time clinical practice, NYC Home-Based Therapy
- 2010-2011 Staff Psychologist, School Based Mental Health Program, Department of Pediatric Psychiatry, Columbia-Presbyterian Medical Center, New York, NY.
- 2009-2010 Therapist, PARTNERS Program, St. John's University, Queens, NY.
- 2008-2009 Pre-doctoral fellow, Northshore-LIJ Medical Center, Glen Oaks, NY.
- 2004-2008 Therapist in training, Center for Psychological Services and Clinical Studies at St. John's University, Queens, NY.
- 2007-2008 Psychology extern, St. Luke's-Roosevelt Hospital Center, CARES Program, New York, NY.
- 2006-2007 Psychology extern, Queens Children's Psychiatric Center, Bellerose, NY.

### **Employment**

- 2014 - Assistant Professor (tenure track), Queens College, City University of New York, NY
- 2013-2014 NIDA-sponsored Behavioral Science Training Fellowship at the National Development and Research Institutes
- 2011-2014 Adjunct Assistant Professor of Psychology, John Jay College of Criminal Justice, New York, NY.
- 2009-2013 Postdoctoral Fellow, John Jay College of Criminal Justice, New York, NY.
- 2010-2011 Staff Psychologist and Instructor of Psychology, Columbia Presbyterian Hospital Center, New York, NY.

### **Teaching Experience**

Clinical Supervision of child/adolescent cases (Queens College: graduate level)

Applied Descriptive and Inferential Data Analysis (John Jay College: graduate level)  
Human Growth and Development (Queens College, John Jay College: graduate level)  
Intermediate Statistics for the Behavioral Sciences (John Jay College: graduate level)  
Seminar: Clinical Interventions for Traumatized Children (Northshore-LIJ: graduate level)  
Seminar: Mental Health Issues of Children in the Foster Care System (St. John's University: graduate level)  
Training students on the use of structured and semi-structured (K-SADS) assessments with traumatized children (St. John's University: graduate level)

### **Mentorship (primary research mentor)**

Amanda Zwilling (clinical psychology doctoral student, Queens College/CUNY Graduate Center)  
Adrian Bautista (undergraduate student, Queens College)  
Anna Micek (BA/MA; The Ronald E. McNair Post-Baccalaureate Achievement Program Scholar, John Jay College)

### **Professional Membership/Affiliations**

American Psychopathological Association  
Eastern Psychological Association  
American Psychological Association  
New York State Psychological Association

### **Peer Review**

#### Ad hoc reviewer:

Child Maltreatment  
American Journal of Community Psychology  
The American Journal of Psychiatry  
Educational Psychology  
Pediatrics  
Journal of Psychotherapy Integration  
Revista, The Spanish Journal of Psychology